

Adenoidectomy

- No aspirin, Motrin, or Naprosyn for 10 days before and after surgery.
 Tylenol is allowed.
- Low-grade temperatures may occur and/or a sore throat on Day 1 and Day 7. Bad breath is also very common for the first 7 to 10 days.
- Return to normal diet as soon as tolerated. Avoid acidic and sharp edge foods for the first 7 days.
- Drink plenty of fluids, this will heal with the healing process.
- Call our office is a nosebleed, or high fever occurs; also if a sore throat persist past the first 7 to 10 days.
- Please call our office for refills or medication changes during office hours.
- Please call our office for any after hour Emergency's or Call 911.