

Wound Care

- Keep the surgical site dry. Avoid water exposure. Most incisions will be covered with steri-strip tape or a glue to protect the site; avoid rubbing the area.
- Start with a soft or liquid diet, but you may return to normal foods, as soon as tolerated.
- You may experience clear blood-tinged drainage and increased swelling at the surgical site the first 24 to 48 hours after surgery.
- Swelling and discoloration should slowly resolve over a 1 to 2 weeks period.

Contact our office if you experience persistent fever, new swelling or discoloration, discolored drainage, difficulty breathing or swallowing.

Contact our office immediately, if you experience tingling in your feet, hands, face twitching or if your heart starts to race. Labs may be necessary to check you Calcium levels.